

The Greatest Power Tool

Have you ever had anybody say to you...“Look on the bright side”? I don’t know about you, but sometimes that saying can rub me the wrong way at the wrong time. Mostly because I’m already upset about something, and I cannot get my mind to focus on the positive.



It happens to everyone...at least I think it does. But as I get older, my focus on seeing the positive side of things is becoming easier for me. If I learned anything about the building supply industry, there is only one tool that is the most powerful one of all.... **The Power of Positivity! (P.O.P)**

Positivity is a powerful tool for a happy and fulfilling life and career. It is far too easy to fall into patterns of negative thinking, whether we're experiencing stress, disappointment, or crisis. Believe me, it happens regularly. But when we train ourselves to look for the bright side of situations and maintain a constructive mindset, it can change everything.

Firstly, positivity can help to improve your overall well-being. When you think positively, you feel happier and more relaxed. This can work wonders for your mental health and can help to reduce anxiety levels, improve your sleeping habits, and give you more energy throughout the day.

In addition, positivity can also help to increase your success rate at work. When you approach things with a positive mindset, you're more likely to be resilient when faced with challenges, focus better, and make better decisions. Furthermore, positive people also attract more positivity in life, which creates a chain reaction leading to discovering new opportunities, making new friends, and achieving goals that you had thought impossible until this point.

Lastly, positivity can help to build stronger relationships between people. We all want to surround ourselves with positive people who have contagious confidence and an optimistic outlook on life. Being a positive person can make others feel more comfortable being around you and can help build bridges in communication that may have been previously hindered.

In essence, positivity is a simple yet powerful tool. It is important to practice and maintain this outlook on life through mindfulness, contemplation, gratitude and more. Small changes in point of view may add up to significant shifts in behavior, mental states, and outcomes that we cannot even imagine in the present-day. We can choose to focus on the good in the world and experience this positivity ourselves and become the inspiration for others to follow not only for a better tomorrow but for today as well.

So let me ask you this.... You down with P.O.P. yeah, you know me. If you know, then you know.

Respectfully, Clark Willis

Regional Sales Manager Kimal Lumber.

